



IMPORTANT INSTRUCTIONS

1. Not all human bodies are the same. As such, the recommended pulse point positions are approximate and should be tailored to suit your individual body type. It's possible you may need more or less pulses depending on your build, so feel free to adjust accordingly.
2. If using Fast Mode, move the paddle to the next location after 10 or so pulses. If using Regular Mode, move the paddle to the next location after 5 or so pulses. One cycle in either mode will allow you to go through Chart Two, twice.
3. Before using this program, please review the Cautions and Do Not Use sections of the Product Manual for any specific instructions that may apply to you.